

## PERSPECTIVE 3 Open Access

## **Factors of Drug Dependent Patients in Detoxification**

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# **Description**

Drug Detoxification is a natural removal of a chemical from the body. A professional drug detox programme are known as medically managed withdrawal and involves the use of a number of interventions including pharmaceuticals and other therapies to safely control the negative effects associated with stopping using drugs. A series of procedures known as detoxification are used to treat acute intoxication and withdrawl. It indicates a removal of toxins from the patient's body from patients of drunk and dependant on drugs. The goal of detoxification is to lessen the bodily harm brought on by drug usage.

The physiological or therapeutic elimination of poisonous compounds from a living entity including the human body is known as detoxication. The liver is primarily responsible for this process. Additionally, it can be used to describe the time during drug withdrawal when an organism regains equilibrium following a prolonged usage of an addictive chemical. Decontamination of poison consumption, the use of antidotes, as well as procedures like dialysis and (in a small number of cases) chelation therapies are ways to achieve detoxification. One can cleanse their body of alcohol or drug use. Professional detoxification will help to remove all the toxins from the system. They experience chronic constipation, food allergies, recurrent headaches, muscular aches, and weariness as well as skin irregularities like acne or rosacea and hormone imbalances and that may need to undergo detoxification. The body will be cleansed of any toxins and made healthy through detoxification treatment. Detoxification can be done at home using some straightforward home remedies.

Drug detoxification does not seek to treat addiction but rather serves as the first stage in long-term treatment. Clinicians utilise drug detoxification to lessen or ease withdrawal symptoms while assisting an

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addicted person to acclimatise to life without using drugs. Drug-free detoxification is also possible to utilise pharmaceuticals as part of the process. Drug detoxification and treatment frequently takes place in a community programme that lasts several months and is housed in a residential area. Depending on the location of treatment, drug detoxification differs from nonetheless; most detox facilities offer treatment to prevent the physical withdrawal symptoms from alcohol and other substances. To cope with the effects of withdrawal, the majority of detox programmes also include counselling and therapy.

### Metabolic detoxification

An animal's metabolism can result in the production of poisonous compounds, which it can then reduce in toxicity by redox reactions such reduction, oxidation, conjugation, and excretion of molecules from cells or tissues. The term for this is xenobiotic metabolism. UDP-glucuronosyltransferases, glutathione S-transferases, and cytochrome P450 oxidases are three enzymes that are crucial for detoxification metabolism. As a component of drug metabolism, these mechanisms are particularly well-understood because they affect the pharmacokinetics of a medication in the body.

## **Alcohol detoxification**

A heavy drinker's system is returned to normal through the process of alcohol detoxification after being accustomed to having alcohol in their bodies continuously for a long period of substance misuse. GABA neurotransmitter receptors are down regulated in severe alcohol addiction. Without medical supervision, a long-term alcohol addiction's precipitous withdrawl can be lethal and create serious health issues. Detoxing from alcohol is not an alcoholic treatment. After detoxification, additional therapies are needed to address the underlying addiction that led to alcohol usage.